



Shaping the Future of Aging in Virginia: Informed. Inclusive. Innovative.

MAY 8-9, 2023
RICHMOND MARRIOTT DOWNTOWN | RICHMOND, VIRGINIA



Monday, May 8

8:30-9:30am | Registration Open, Networking & Exhibits

9:30-10:45 | Opening General Session: *The State of Aging*
Sandy Markwood & Amy Gotwalds, USAging

11-11:45 | Breakout sessions

- At Risk: Caregiving Youth
- Be Stroke Smart, Stay Stroke Smart
- Partnerships with Community-Based Organizations

Noon-1:30pm | Keynote & Lunch: **Bradley Shurman**
The Future of Us: Demographic Trends Remaking Virginia

1:45-2:30 | Breakout sessions

- Manifesting our Future: A Collaborative Approach to Developing a New Generation of LTC Administrators
- Virginia LTC Pilot Projects for Pandemics & Disasters
- Caregiver Support: Meeting the diverse needs of family caregivers
- How Virginia's Technology Assistance Program (TAP) can help Seniors with Hearing Loss

2:45-3:30 | Breakout sessions

- Setting the PACE for Aging in Virginia
- Aging Strong
- How Genworth is Paving the Way for Employee Caregivers...

3:30-4 | Networking & Snack Break

Sponsored by:



4:00-5 | Breakout sessions

- The Current Trends Impacting the Care of Older Adults
- Sustaining Virtual Programming in an In-Person World
- Solutions-Focused Partnerships and Technology: Virginia is HEAR for Elder Justice
- Volunteer Rides: Engaging Bilingual and Veteran Drivers to serve unique populations of seniors

5:30-7pm | Welcome & Networking Reception

Sponsored by:



VGCOA attendees are encouraged to visit Exhibitors throughout both days and during networking breaks!

Their generosity makes VGCOA 2023 possible!

Tuesday, May 9

7:00-8:30am | Registration Open, Continental Breakfast & Networking

8:00-9:00am | Breakout sessions

- Valuing diversity, equity, and inclusion with elders "Dreaming Home!"
- Home Health Interdisciplinary Approach to Collaborative Care for those with Dementia
- Disrupting Ageism and Ableism in the Aging Network: A Free Online Toolkit

9:15-10:15 | Breakout sessions

- Empowering Seniors Against Healthcare Fraud
- StrongerMemory: An Innovative & Accessible Solution to Improve Brain Health
- Becoming a Caring Neighbor- Community Initiative
- Partnerships to Increase Access to Supportive Services for Homeless Older Adults: A Blueprint for Action

10:15-10:45 | Networking & Snack Break

Sponsored by:



10:45-11:45 | Breakout sessions

- What's Hot in Virginia Guardianship?
- Veteran Directed Care - A Collaboration of Community Care
- Growing Capacity through Volunteerism: Meet the Boom of Older Adults
- A conversation & deeper dive with Bradley Shurman

Noon-1:30 | General Session & Lunch: **Recognition of Leaders Who are Elevating Aging across Virginia**

1:45-2:30 | Breakout sessions

- Does your address influence the care you receive for dementia in Virginia?
- Creating an Intentional Community for Low-Income Older Adults
- Caregivers' Roundtable

2:45-3:45 | Breakout sessions

- Closing the Gap - No Wrong Door
- Leveraging Data to Identify Needs and Drive Innovation
- From Plan to Reality: Improving Dementia Supports in Virginia
- Who You Gonna Call? Informing & Educating Virginians

Scan the QR code to access the expanded program, read more detailed session descriptions & speaker bios!



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